

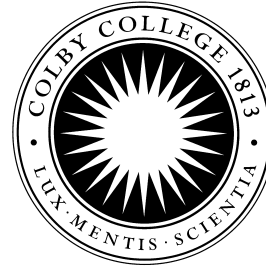
REMEMBER!

Always jog on the left side of the road, facing on-coming traffic — it's state law.

Be alert to cars coming from both directions and allow them plenty of room.

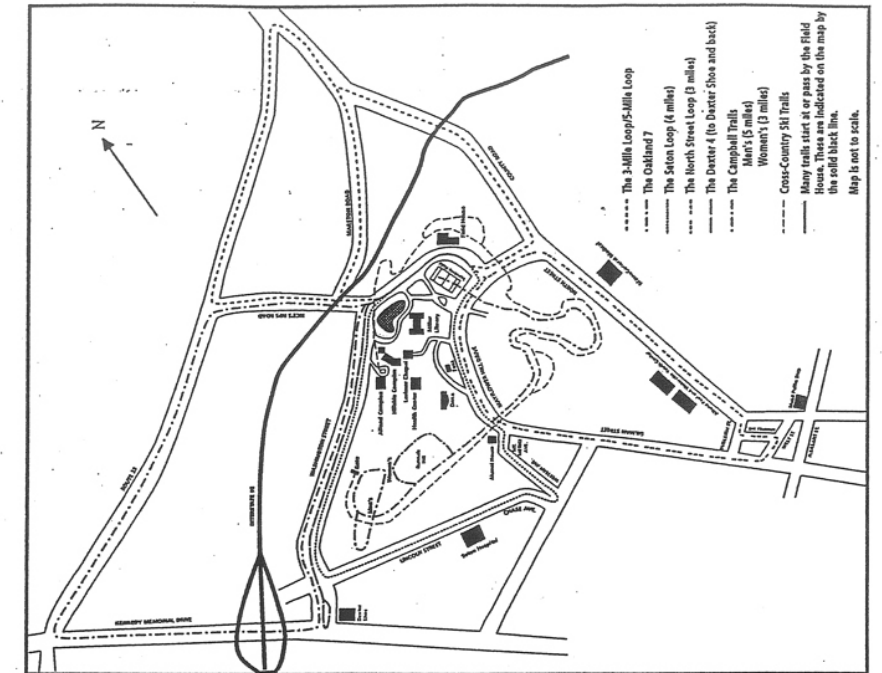
At night, wear reflective clothing and jog with a partner.

Use extra precautions while wearing headsets.

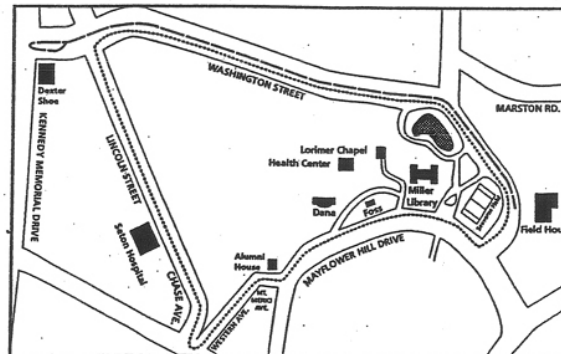


Colby College RUNNING TRAILS

COMPLETE TRAIL MAP (not to scale)

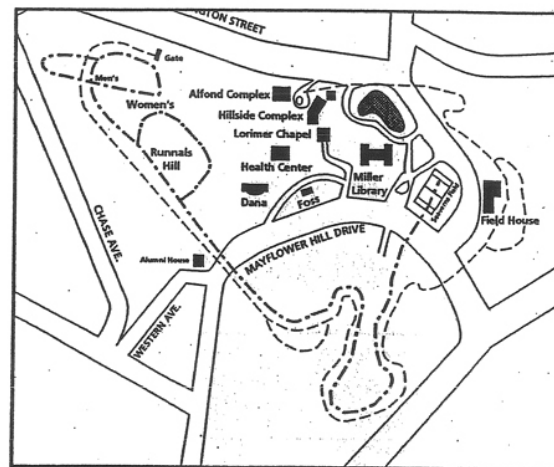


The Dexter 4 The Seton Loop



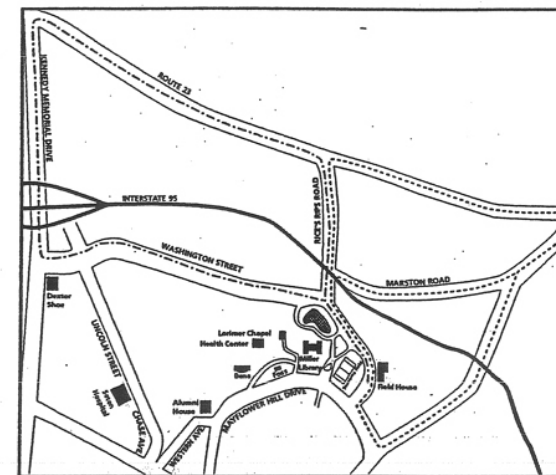
- The Dexter 4 (to Dexter Shoe and back)
- The Seton Loop (4 miles)

Cross Country Ski Trails Campbell Trails



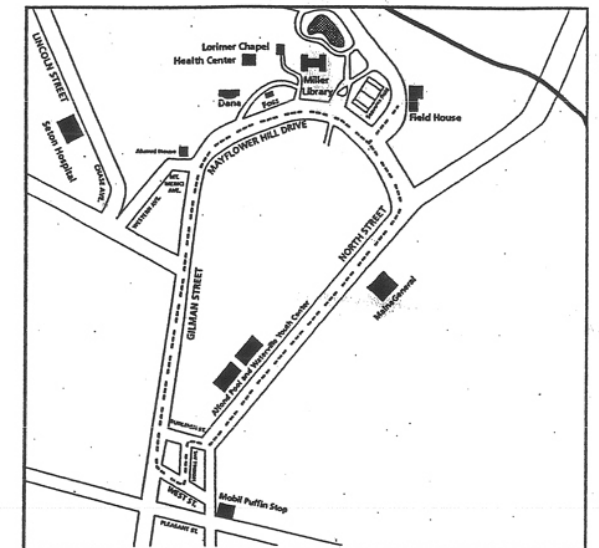
- Cross-Country Ski Trails
- The Campbell Trails (5 miles/ 3 miles)

The 3-Mile/5-Mile Loop The Oakland 7



- The 3-Mile/5-Mile Loop
- The Oakland 7

The North Street Loop



- The North Street Loop (3-miles)