



New Location: April 12th Club Meeting at End Zone

The next monthly club meeting will be held Wednesday, April 12, at the End Zone (32 College Ave, Waterville). All are welcome.

Please note the new location. Food and drink are available for purchase from the End Zone, for those interested. RSVP's are not required, but we'd love to know if you're planning to come.

Facebook Event



Get Involved with Striders: Lead Runs, Write Race Reports, Serve on the Board

Central Maine Striders is a completely volunteer-run organization and relies on its members to support the club and its mission.

Currently there are several board positions open that we need to fill, Vice President and Secretary. Additionally, there are other opportunities to get involved and help move the club forward, such as by leading group runs and writing for the website and newsletter.

If you are interested in getting more involved with the club, please email us at run@centralmainestriders.com or come to our next monthly meeting (Wednesday, April 12, 6 p.m. at The End Zone, 38 College Ave, Waterville—please note new location).

Get Involved



2017 Dates Set for Quarry Road Trail Race Series

Mark your running calendars. The Quarry Road Summer Race Series has set its 2017 race dates:

- June 6: 3K
- June 13: 5k
- June 20: 8K
- June 27: Makeup date or Course Previews
- July 4: NO RACE (Happy 4th)
- July 11: 3K
- July 18: 5K
- July 25: 8K
- August 1: 8K
- August 8: 5K
- August 15: 3K and Series Awards
- August 22: Makeup date (if needed)

Join us for a single race or participate all summer long and compete for the overall series titles.

Quarry Road Race Info

2017 Club Memberships Due

If you haven't already, please renew your annual membership with Central Maine Striders for 2017.

- [Join or renew online through runsignup](#), or
- Print and mail a [membership form](#) and check for \$15 to: Central Maine Striders, P.O. Box 1177, Waterville, ME 04903

Membership covers your entire household (kids too!) in the oldest, active running club in Maine.

Join or Renew Today

Social Striders

Facebook: Join the [Central Maine Striders Facebook group](#) to connect with other members, discuss upcoming races, and more.

Strava: Join the [Central Maine Striders club](#) on Strava and find out where other members run, compare miles on the leaderboard, and more.

Upcoming Strider Events

Monthly Striders Meetings
The End Zone*
38 College Ave, Waterville
Wednesday, April 12, 6 p.m.
Wednesday, May 10, 6 p.m.
All are welcome!
*Please note new location.

[Quarry Road Summer Series](#)
June 6-August 22
Quarry Road Trails, Waterville
Weekly trail running series with 3K, 5K, and 8K races

[Doc and Mardie Brown 5K](#)
August 12
Alford Youth Center, Waterville

Upcoming Races

[Falmouth 4-Miler](#)
Sat., April 8
Falmouth Community Park, Falmouth

[Rusty Rolls 5K](#)
Sat., April 8
Topsham Rec Field

[Bridge the Gap 10-Mile and 3-Mile Races](#)
Sun., April 9
Penobscot Narrows Bridge, Prospect

[Memorial Middle School Wellness Run](#)
Sun., April 9
South Portland High School

[Hidden Valley Nature Center Spring Trail Running Series](#)
April 19 to May 24
6-week trail training series on Wednesdays in Jefferson

[Patriots Day 5-Miler and 5K](#)
Sat., April 15
Portland

[Save the Day Superhero 5K](#)
Sat, April 15
KVCC, Fairfield

[Gorham Lions Club 5K & 10K](#)
Sat., April 15
Gorham Recreation Center

[FitCLASS 4-Miler](#)
Sat., April 15
Wiscasset Community Center

[Save Our Swinging Bridge 5K](#)
Sun., April 16
Topsham

[Healthy High 5K/10K Run](#)
Thurs., April 20
University of Maine, Orono

[Unity College 5K](#)
Sat., April 22
Unity

[Urban Runoff 5K](#)
Sat., April 22
Deering High School, Portland

[Airline TRALE Run 5K & 10K](#)
Sat., April 22
Amherst

[Thomas College Dirty Dog 5K Mud Run](#)
Sun., April 23
Thomas College, Waterville

[Kennebunk Beach 3 Miler & 5 Miler](#)
Sun., April 23
Pilot House Restaurant, Kennebunk

[Feed ME 5K](#)
Sat., April 29
Capitol Park, Augusta

[Fly Like an Eagle 5K](#)
Sat., April 29
Erskine Academy, South China

[Rabbit Run](#)
Sat., April 29
Bangor City Forest

[One in Five 5K](#)
Sun., April 30
Thomas College, Waterville

[Run to Prevent Child Abuse](#)
Sun., April 30
Farmington

[Windham Project 5K](#)
Sun., April 30
Windham

[Maine Nephrology Associates' 5K](#)
Sun., April 30
Portland

[Wells2Kennebunk Beach 10-Miler](#)
Sun., April 30
Wells

[George Kohl Memorial 5K](#)
Sat., May 6
Messalonskee High School, Oakland

[High on LIFE 5K/1K](#)
Sat., May 6
Maine Central Institute, Pittsfield

[Run for Hope 5K](#)
Sat., May 6
Maine Girls' Academy, Portland

[Run by the Bay 5K](#)
Sat., May 6
Harpswell

[Moose Tracks Trail 5K](#)
Sun., May 7
University of Maine at Augusta

[Hebron Hawk 5K Trail Run](#)
Sun., May 7
Hebron Station School

[Shipyard Maine Coast Half Marathon](#)
Sat., May 13
University of New England, Biddeford

[The Hard Cider 5K Run: Portland](#)
Sat., May 13
Urban Farm Fermentory, Portland

[Riverlands 100](#)
Sat., May 13
Androscoggin Riverlands State Park, Turner

[Shipyard Maine Coast Marathon](#)
Sun., May 14
Kennebunk High School

[Portland Sea Dogs Mother's Day 5K](#)
Sun., May 14
Portland Expo, Portland

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Race Calendar:
[Visit our race calendar](#) for more events.

Race Submissions:
Submit your event to our race calendar: run@centralmainestriders.com

Race Info:
It is the responsibility of participants to confirm all race times, dates, locations, and other info directly with the group or individual responsible for that event.

Contact Us

E-mail:
run@centralmainestriders.com

Please add it to your Google Contacts or other email contact and address books so you won't miss club news.

Mail:
Central Maine Striders
P.O. Box 1177
Waterville, ME 04903

Established in 1975, the Central Maine Striders running club is the oldest, active running club in Maine. The club is open to all interested runners and serves runners of all ages, abilities, and interest levels in the Central Maine area.

