Central Maine Striders

The Interval Newsletter

Note from the President

Spring is here... or is it summer? I will repeat: it is time for Central Maine Striders!

Mother nature will partially unleash Spring here in Maine. Parents will plenty of things to be excited about: Little Leagues, Spring sports, the growing list of obstacles for members, we managed to get a 15% discount for all our members at the Maine Sports Expo, and the Central Maine Striders will be a force to reckonable for more info.

Besides the news about the County Road series, this issue of the Interval is packed with lots of information:

- The continuation of our virtual run series
- Virtual Pub Runs
- Catching up with Scott Stringer
- Quarry Road Summer Race Series details
- Up on Instagram account
- A discount at the Sean Tour Breath 5k
- Upcoming run, social, and August only meetings
- Our Wabanaki cards for Running Warehouse discounts

And a quick request to come on your longest run/walk/roll/ride/swim/hike/climb/ski/ski jump/ski mountaineering/ski cross/ski jump/ski jump ski jump/ski cross/ski jump/ski cross/ski jump/ski cross/

Please add us to your Google Contacts or other email contact and address books so you won't miss club news.

Established in 1975, the Central Maine Striders running club is the oldest, active running club in Maine. The club is open to all interested runners and serves runners of all ages, abilities, and interest levels in the Central Maine area.

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CentralMaineStriders.com

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