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Central MAINE Striders Interval



Join Us Tomorrow for the Striders Annual Banquet

Please join us tomorrow, Wednesday, January 25, for food, drinks, awards, and more at The End Zone in Waterville for the club's annual banquet. All are welcome!

Central Maine Striders Annual Banquet

Wednesday, January 25
The End Zone, 38 College Ave, Waterville
(directly across from post office)

5:30-6 p.m. Social Time

The club will provide appetizers. Drinks will be available for purchase from The End Zone.

6-7:30 p.m. Dinner and Awards

Attendees may order food and drink from The End Zone at their own expense.

During dinner we will recognize members for Club Awards, including Striders of the Year, Youth Awards, Volunteer of the Year, Race Director of the Year, and Sponsor of the Year.

[Susan Brooks](#), [Stephanie LeBlanc](#), and [Julie Millard](#) were nominated by fellow club members for the female Strider of the Year award. [Mike Brooks](#), [Dave Drew](#), and [Ron Peck](#) were nominated by fellow club members for the male Strider of the Year award.

Join us on Wednesday and find out who won!



Annual Banquet Info



38th Annual January Thaw Road Race held January 15

Congratulations to Ron Peck (28:24) and Julie Millard (35:43), winners of the 38th annual, 4.5-mile January Thaw Road Race held on January 15 in Belgrade.

Thank you to everyone who helped with the race and special thanks to race co-directors, Geoff Hill, Gene Roy, and Ron Paquette. We could not do it without all the help from our team.

Race Results

2017 Club Memberships Due

If you haven't already, It's time to renew your annual membership with Central Maine Striders.

- [Join or renew online through runsignup](#), or
- Print and mail a [membership form](#) and check for \$15 to: Central Maine Striders, P.O. Box 1177, Waterville, ME 04903

Membership covers your entire household (kids too!) in the oldest, active running club in Maine. We hope you'll join us!

Join or Renew Today

Social Striders

Facebook: Join the [Central Maine Striders Facebook group](#) to connect with other members, discuss upcoming races, and more.

Strava: Join the [Central Maine Striders club](#) on Strava and find out where other members run, compare miles on the leaderboard, and more.

Upcoming Strider Events

Striders Annual Banquet

Wed., January 25, 5:30 p.m.
The End Zone, 38 College Ave, Waterville
(directly across from post office)

Monthly Striders Meeting

Wed., February 8, 6 p.m.
Wed., March 8, 6 p.m.
Wed., April 12, 6 p.m.
Allond Youth Center boardroom (2nd floor), 126 North St, Waterville.
All are welcome.

Upcoming Races

Lost Valley Winter Duathlon

Sat., January 28
Lost Valley Ski Area, Auburn

Mid Winter 10 Mile Classic

Sun., February 5
Cape Elizabeth

Camden Snow Bowl Winter Duathlon

Sun., February 5
Camden Snow Bowl

Bradbury White Out 4-Mile Snowshoe Race

Sun., February 12
Bradbury Mountain State Park, Pownal

Longfellow Frostbite 2.5K

Sun., February 19
Portland

Bradbury Blizzard 5-Mile Snowshoe Race

Sun., March 5
Bradbury Mountain State Park, Pownal

Mt. Abram Packed Powder Fast

Sat., March 11
Greenwood

Cabin Fever 15K Run and 6K Walk for Dyslexia

Sat., March 18
Freeport

Kerryrmen 5K

Sun., March 19
Kerryrmen Pub, Saco

Tortoise and Hare 5K

Sat., April 1
Freeport

Kennebunkport 5-Miler

Sat., April 1
Kennebunkport

Falmouth 4-Miler

Sat., April 8
Falmouth Community Park, Falmouth

Memorial Middle School Wellness Run

Sun., April 9
South Portland High School

Gorham Lions Club 5K & 10K

Sat., April 15
Gorham Recreation Center

Thomas College Dirty Dog 5K Mud Run

Sun., April 23
Thomas College, Waterville

Race Calendar:

[Visit our race calendar](#) for even more events.

Race Submissions:

Submit your event to our race calendar: alicia@macleay.com

Race Info:

It is the responsibility of participants to confirm all race times, dates, locations, and other info directly with the group or individual responsible for that event.

Contact Us

E-mail:

run@centralmainestriders.com

Please add it to your Google Contacts or other email contact and address books so you won't miss club news.

Mail:

Central Maine Striders
P.O. Box 1177
Waterville, ME 04903

Established in 1975, the Central Maine Striders running club is the oldest, active running club in Maine. The club is open to all interested runners and serves runners of all ages, abilities, and interest levels in the Central Maine area.

