



Join Us At Striders Banquet Next Week, January 12

We hope to see you next week, Tuesday, January 12, at the Central Maine Striders annual banquet. Stop by Mainely Brews in Waterville for food, drinks, awards, and more starting at 5:30 p.m.

We'll hold the Election of Officers and recognize members for Club Awards, including Youth Awards, Volunteer of the Year, Race Director of the Year, Sponsor of the Year, and Strider of the Year. Up for election for club officer positions are Gines Satchi for President, Brendan Gilpatrick for Vice President, and Beth Bridger for Secretary.

[Read More](#)



[January Thaw on 17th is first club race of 2016](#)

Mark your calendars for the first Striders race of 2016. The January Thaw will be held on Sunday, January 17, at noon at Belgrade Central School (158 Depot Road, Belgrade). This will be the 37th annual running of the 4.5-mile road race.

[Register Today](#)

[Quarry Snow Shuffle 5K returns February 7](#)

The second annual Quarry Snow Shuffle 5K Snowshoe Race will be held on Sunday, February 7, on the Quarry Road Trails in Waterville at 10 a.m. A free 1-mile fun run/walk will be held at 9:30 a.m. All proceeds will go to support the WinterKids nonprofit.

[Register Today](#)

Keep on Striding in 2016

If you haven't yet, please join or renew your Striders club membership for 2016 for just \$15 per household. If you already have, thank you!

[Join or Renew](#)



Upcoming Strider Events

[2016 Club Memberships Due](#)
Join or renew today.

[Annual Meeting & Banquet](#)
Tuesday, January 12
5:30 p.m. onward

Mainely Brews, 1 Post Office Square, Waterville
All members and friends of the club are welcome!

[January Thaw Road Race](#)
Sunday, January 17, noon

37th annual 4.5-mile road race
Belgrade Central School, 158 Depot Road, Belgrade

[Quarry Snow Shuffle 5K Snowshoe Race](#)

Sunday, February 7
Free 1-mile fun run/walk at 9:30 a.m. 5K snowshoe race at 10 a.m. Proceeds to WinterKids.
Quarry Road Recreation Area, Waterville

Other Maine Races

[Indoor Insanity 5K](#)
Sunday, January 10
Bowdoin College, Brunswick

[Bradbury Squall 3-miler](#)
Sunday, January 24
Bradbury Mountain State Park, Pownal

[Lost Valley Winter Duathlon](#)
Saturday, January 30
Lost Valley Ski Resort, Auburn

[Narrow Gauge Frozen 5K](#)
Saturday, February 13
Maine Huts & Trails, Stratton Brook Trailhead, Carrabassett Valley

[Bradbury White Out 4-miler](#)
Sunday, February 14
Bradbury Mountain State Park, Pownal

Race Submissions:
Tell us about your 2016 race. Submit it to our race calendar: alicia@macleay.com

[Visit our race calendar](#) for more Maine running events.

Established in 1975, the Central Maine Striders running club is the oldest, active running club in Maine. The club is open to all interested runners and serves runners of all ages, abilities, and interest levels in the Central Maine area.



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