

Central MAINE Striders

46th January Thaw held in Belgrade



Congratulations to **Sapan Bhatt** (25:17) and **Lindsay Theis** (30:17), our top men's and women's finishers at the January Thaw 4.5-mile road race. (Lindsay is also our new club Vice President!) Thirty-three runners turned out to race in Belgrade on the 19th. Thanks to all the racers, volunteers, and spectators who made this event a success, as well as Race Director Ron Peck and Central Maine Striders club president Martha Nadeau for their organization and leadership of this historic race.

[Race results and photo highlights](#)
[All 2025 January Thaw race pics for download](#)



Mount Washington Lottery and Bypasses



Want to run to the top of the highest peak in the Northeast? Get ready to sign up for the lottery for the 2025 Delta Dental **Mount Washington Road Race** to be held Saturday, June 14. Central Maine Striders also has five lottery bypass slots that will be available on a first-come, first-served basis to current club members. But you'll still need to enter February's random lottery first.

[More info](#); [Contact Mark Fisher with questions](#).



Central Maine Striders had a great turnout at the Maine Track Club's **Mid-Winter 10 Mile Classic** on February 2! At least 20 Striders made the trek down on a day when the starting temperature was around 10 degrees. Congratulations to all the runners, and thanks to Maine Track Club and all the volunteers for putting on such a great race. Lastly, a special shout out to Lindsay Theis for placing second in her age group!



Upcoming Maine Races

April 27: Moosehead Marathon and Half
Greenville. Inaugural race along the shores of Moosehead Lake

May 11: Sugarloaf Marathon and 15K
Registration open until April 1, or whenever races fill

June 14: Mount Washington Road Race
Random lottery registration will be open February 10 to 24
[Striders club bypass info](#)

June 22: Bay of Fundy International Marathon
Lubec, Maine and Campobello, New Brunswick

July TBD: Down East Sunrise Trail Relay/DESTR
Dates to be announced. Interested in running and/or captaining a CMS team in 2025? Reach out to run@centralmainestriders.com so we can start planning.

Weekly Social Runs



Like to combine socializing and running? Our regular social run is Wednesday evenings, usually in the Waterville area. During the warmer months, we may meet on other days and in places further afield. Occasionally, we incorporate activities such as trivia and crafts. Email Ron Peck (rpeck75@gmail.com) to be included on the email list to be notified of times and locations.

Also, check out our [Facebook group](#) for informal runs organized by members.



Striders Turns 50!

2025 marks 50 years of Central Maine Striders! Help us plan something special. Send your ideas to run@centralmainestriders.com

Race Reports Wanted

Have you run a race you want to tell others about? Have stories or advice to share with fellow runners? We're always looking for race reports and submissions for the website and newsletter. Send submissions and queries to: alicia@macleay.com

Thanks for being a 2025 Member



You're receiving this newsletter as a 2025 member of Central Maine Striders. Thank you for your support!

For just \$20 a year you get:

- Membership for your entire household (kids too!) in Maine's oldest, active running club
- *Interval* newsletter and club updates via email, including upcoming local races, events, and club news
- Reduced registration fees at club races
- Free or discounted Central Maine Striders apparel
- 10-20% discount at runningwarehouse.com
- Access to club events, like seasonal group runs and training programs
- Opportunities to connect with other local runners of all ages and abilities

Know other runners who should join or renew? Send them to the link below.

[Join/Renew with Central Maine Striders](#)

Running Warehouse Discount

Club members get 10% to 20% off at Running Warehouse with this exclusive Central Maine Striders discount code:

Z3XX6UYP

*20% off clothing and socks, 10% off select clearance shoes, nutrition, hats/visors. Discount is off MSRP with exception of clearance shoes. Discount valid until July 1, 2025. Some exclusions apply.

