

Please add run@centralmainestriders.com to your address book.



The Interval Newsletter



Join Us March 7 at Mainely Brews for Annual Dinner

On Wednesday, March 7, please join fellow Central Maine Striders for food, drinks, awards, and election of officers at the club's annual dinner at Mainely Brews (1 Post Office Road, Waterville) at 6 p.m. Plus, all 2018 members will get free Striders gloves and stickers!

Maybe you've seen other Striders at local running races and events. Well, here's your chance to meet and connect over dinner and drinks. Members and friends of all ages are welcome.

[Annual Dinner Info](#)

[Facebook Event Info](#)



Mount Washington Road Race Lottery Open

The 2018 Mt. Washington Road Race will take place on Saturday, June 16. Anyone that would like to run the challenging 7.6-mile race to the top must apply by entering a lottery. Lottery registration is open now through February 26.

Enter the lottery at: mountwashingtonroadrace.com

Lottery entrants will be informed on March 1 if they are accepted.

If you are rejected, you may contact Central Maine Striders to request a spot in the race. There are a limited number of entries per team for club members. Runners will have to provide a volunteer to assist the club on race day.

Please contact Ron Paquette for more info, if you may want a slot, or to help coordinate club volunteers and runners: uphill@uninets.net



39th Annual January Thaw Race Results

Congratulations to Jeff Jones (24:36) of Chelsea and Gabby Schreffler (30:10) of Bethel, winners of the 39th annual, 4.5-mile January Thaw Road Race held on January 21, 2018, in Belgrade. As the top male and female runners they each received \$50 gift certificates from New Balance.

A big thank-you to everyone who helped with the race and special thanks to race co-directors Geoff Hill, Ron Paquette, and Gene Roy.

[January Thaw Race Results](#)

Join Striders for 2018

If you haven't already, please join Central Maine Striders for 2018. If you already have, thank you!

Annual membership is just \$15 and covers your entire household (kids too!). Plus, all 2018 members will get free gloves and stickers at our annual meeting on March 7.

[Join or renew online through runsignup](#), or

Print and mail a [membership form](#) and check for \$15 to: Central Maine Striders, P.O. Box 1177, Waterville, ME 04903

[Join or Renew](#)

Strider Events

[Annual Club Dinner](#)
[Wed., March 7, 6 p.m.](#)
Mainely Brews,
1 Post Office Road, Waterville
All are welcome!

Maine Races

Sat., February 17

[WF Tubbs 2K/5K/10K](#)
[Snowshoe Races](#)
Norway

Sun., February 18

[Longfellow Frostbite 2.5K](#)
Portland

Sun., March 4

[Bradbury Blizzard 5-Mile](#)
[Snowshoe Race](#)
Pownal

[Irish Road Rover 5K](#)
Portland

Sat., March 17

[Trackside Station Lucky](#)
[Leprechaun 5K](#)
Rockland

Sat., March 24

[On the Run Half Marathon](#)
Old Orchard Beach

Sun., March 25

[Great Scot 5K](#)
Standish

Sat., March 31

[Kennebunkport 5 Miler](#)
Kennebunkport

[Challenger 5K Space Race](#)
Bangor

Sat., April 7

[Falmouth 4-Miler](#)
Falmouth

Sun., April 8

[Bridge the Gap Race 3-Miler](#)
[and 10-Miler](#)
Bucksport

Sun., April 15

[Thomas College Dirty Dog](#)
[Mud Run](#)
Waterville

Fri., April 20

[Healthy High 5K, 10K, and 1M](#)
Orono

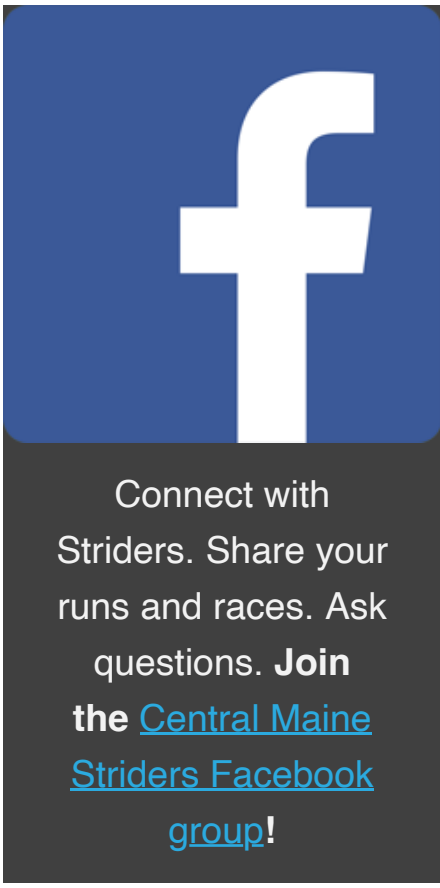
Sat., April 21

[Unity College Spring 5K](#)
Unity

[Find more races](#)

[Submit your event](#)

Race Info:
It is the responsibility of participants to confirm all race times, dates, locations, and other info directly with the group or individual responsible for that event.



STRAVA

Find out where other members run. Compare miles run, elevation gained, and more on the weekly leaderboard. Find out who holds that local Strava course record...for now. [Join Central Maine Striders on Strava!](#)

Contact Us

E-mail: run@centralmainestriders.com

Mail:

Central Maine Striders
P.O. Box 1177
Waterville, ME 04903

Please add us to your Google Contacts or other email contact and address books so you won't miss club news.

Established in 1975, the Central Maine Striders running club is the oldest, active running club in Maine. The club is open to all interested runners and serves runners of all ages, abilities, and interest levels in the Central Maine area.

