

Central MAINE Striders Interval



Quarry Snow Shuffle 5K on February 7

The second annual Quarry Snow Shuffle 5K Snowshoe Race will be held this Sunday, February 7, on the Quarry Road Trails in Waterville at 10 a.m. A free 1-mile fun run/walk will be held at 9:30 a.m. All proceeds will support WinterKids.

Register Today



Welcome, New Club Officers

Welcome to our newest club officers: Secretary Beth Bridger, Vice President Brendan Gilpatrick, and President Gines Satchi (L-R, above). Get to know our new officers in their profiles:

- [Gines Satchi, president](#)
- [Brendan Gilpatrick, vice president](#)
- [Beth Bridger, secretary](#)



Strider Members & Volunteers Honored at Annual Banquet

Central Maine Striders is a volunteer-run organization. To recognize the essential efforts of our members and volunteers, several individuals were recognized as Youth, Sponsor, Race Director (Kate Cooley, above), Volunteers, and Striders of the Year.

2015 Strider Honorees



January Thaw Race Results

The first Striders race of 2016, the January Thaw, was held January 17 in Belgrade. This was the 37th annual running of the 4.5-mile road race.

Race Results



Quarry Storm 5-Miler March 20

The Quarry Storm 5-Mile Snowshoe Race will be held Sunday, March 20, on the Quarry Road Trails in Waterville at 10 a.m. A free 1-mile fun run/walk will be held at 9:30 a.m. Registration/bib pick-up is at 9 a.m. All proceeds will support WinterKids.

Register Today

Upcoming Strider Events

Quarry Snow Shuffle 5K Snowshoe Race

Sunday, February 7

Free 1-mile fun run/walk at 9:30 a.m. 5K snowshoe race at 10 a.m. Proceeds to WinterKids. Quarry Road Recreation Area, Waterville

February Club Meeting

Tuesday, February 9, 6 p.m. Alfond Youth Center boardroom, 126 North St, Waterville. All are welcome.

March Club Meeting

Tuesday, March 8, 6 p.m. Alfond Youth Center boardroom, 126 North St, Waterville. All are welcome.

Quarry Storm 5-Mile Snowshoe Race

Sunday, March 20

Free 1-mile fun run/walk at 9:30 a.m. 5-mile snowshoe race at 10 a.m. Proceeds to WinterKids. Quarry Road Recreation Area, Waterville

Other Maine Races

Wildlands Snowshoe Race

Sunday, February 7 Craig Brook National Fish Hatchery, Orland

Narrow Gauge Frozen 5K

Saturday, February 13 Maine Huts & Trails, Stratton Brook Trailhead, Carrabassett Valley

Cupid Dash Snowshoe Race

Saturday, February 13 Roberts Farm, Norway

Bradbury White Out 4-Miler

Sunday, February 14 Bradbury Mountain State Park, Pownal

Luv Me 5K

Sunday, February 14 Samoset Resort, Rockport

Longfellow February Frostbite 2.5K

Sunday, February 21 Lincoln Park, Portland

Bond Brook Winter Triathlon

Sunday, February 28 Tall Pines Way, Augusta

Bradbury Blizzard 5-miler

Sunday, March 6 Bradbury Mountain State Park, Pownal

Mt. Abram Uphill Challenge & Winter Cowboy 5K

Saturday, March 12 Mt Abram Family Resort, Greenwood

Annual Shamrock Sprint 5K

Saturday, March 19 Bath United Church of Christ, Bath

The Eastern States 20 Mile

Saturday, March 26 Point-to-point starting in Kittery

Race Submissions:

Tell us about your 2016 race. Submit it to our race calendar: alicia@macleay.com

Race Calendar:

Visit our [race calendar](#) for more Maine running events.

Race Info:

It is the responsibility of participants to confirm all race times, dates, locations, and other info directly with the group or individual responsible for that event.

Established in 1975, the Central Maine Striders running club is the oldest, active running club in Maine. The club is open to all interested runners and serves runners of all ages, abilities, and interest levels in the Central Maine area.



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